

MMRFC MINI/JUNIOR SECTION



First Aid Policy:

This policy is based on the Health & Safety (First Aid) Regulations 1981 accompanied by the Approved Code of Practice and Guidance Notes for First Aid. It is intended to provide a framework with which each group can develop effective first aid arrangements.

The Health & Safety (First Aid) Regulations 1981 place a general duty on Melton Mowbray Rugby Football Club to make adequate First Aid provisions for their Players/ Coaches/ Referees if they become ill or injured during their activities.

Coaches must inform the Players/ Coaches/ Referees of the First Aid provisions provided for them.

MMRFC is required to provide equipment and facilities that are appropriate in the circumstances for enabling First Aid to be rendered to Players/ Coaches/ Referees if they become ill or injured during their activities.

Committee / Coaches Responsibility:

- To ensure that **ALL** First Aiders/ Appointed Persons are adequately trained, available and regularly updated in First Aid techniques.
- To ensure that **ALL** First Aid refresher training is authorised and implemented within a specified time frame.
- To ensure that adequate records are maintained in respect to First Aid Training.
- To ensure that First Aid Procedure are clearly displayed within the unit.
- To ensure that adequate First Aid Insurance is in place (Provided by the RFU).
- To ensure that **ALL** First Aiders/ Appointed Persons have an understanding of the organisations First Aid Policy and Procedures.
- To ensure that **ALL** First Aiders/ Appointed Persons have an understanding of the roles and responsibilities for the respective roles.
- To ensure that **ALL** members within Melton Mowbray Rugby Football Club are aware of First Aid procedures and who to contact in an emergency.
- To ensure that there is adequate First Aid Equipment made available.
- To ensure adequate records are maintained and Accident Reports are completed and processed in accordance with current Health & Safety legislation.
- To ensure that **ALL** notifiable accidents/ incidents are reported to the Health & Safety Executive and the Rugby Football Union in accordance with the RIDDOR Regulations.

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- The committee board (MMRFC) shall make arrangements for these goals to be achieved. Monitoring of the success of these arrangements will be carried out at six monthly intervals.

Duties of a First Aider/ Appointed Person:

- To provide appropriate First Aid treatment as required.
- To render First Aid, providing they have attended a First Aid at Work/ Emergency Aid Course run by a Health and Safety Executive approved First Aid Training Organisation, or has been trained in the appropriate emergency action to take.
- To ensure that First Aid Procedure's are clearly displayed within each first aid bag.
- Take charge of an emergency situation and deal appropriately in accordance with the training provided.
- To be responsible for the contents of the First Aid box, upkeep and replenishment of the box.
- To ensure adequate records are maintained and Accident Reports are completed and processed in accordance with current Health & Safety legislation.

Criteria for a First Aider/ Appointed Person:

A suitable person is: -

- A practising Registered Nurse whose name is entered in Part 1, 2 or 7 of the Professional Register for Nurses maintained by the NMC Part 1 – RGN; Part 2 – EN General England and Wales; Part 7 – EN General Scotland N Ireland; Part 12 – Project 2000 Registered General Nurses.

Or:

- A person who holds a current First Aid at Work Certificate.
- A person who holds a current Emergency Aid for Appointed Person Certificate